



## Safety Tailgate Meeting | Week of July 16<sup>th</sup>, 2018

Project Name: \_\_\_\_\_

Job Number: \_\_\_\_\_

☐ Sheet Metal ☐ Piping ☐ Plumbing ☐ Start-Up

GF/Foremen: \_\_\_\_\_

Discussion Leader: \_\_\_\_\_

Date of Meeting: \_\_\_\_\_

### Skin Cancer Prevention

Every year around 5.5 million skin cancer cases are treated in the United States. The vast majority of skin cancer cases are attributed to Ultraviolet (UV) radiation from the sun. The workplace can be a major source of exposure to UV radiation, with outdoor workers receiving between five and ten times more sun exposure than indoor workers. Depending on the type of skin pigmentation a person has, and the amount of unprotected exposure to UV rays, will determine the degree of skin reaction. You are still at risk for skin cancer even if you are dark complected, as dark skin does not block UV rays. Clouds and fog are not good UV filters, either. A person can still be exposed to UV radiation on cloudy or foggy days.

#### The 3 most common types of skin cancer are the following:

1. Basal Cell Carcinoma – Most Common (Around 4 million cases diagnosed annually)
2. Squamous Cell Carcinoma – 2nd Most Common (1 million+ cases diagnosed annually)
3. Melanoma – 3rd Most Common (Most Deadly - One person dies of melanoma every 54 minutes)

#### Below are some ways to reduce your exposure to UV radiation while working outdoors:

- Whenever possible work under shade - trees, or portable and permanent shade structures.
- Where practical, move the job indoors.
- Plan work so that outdoor tasks are scheduled earlier in the morning or later in the day. Tasks being worked on in the middle part of the day should be done in the shade.
- Move away from reflective surfaces such as water, concrete, sand, glass, roofing iron, and snow.
- Make sure vehicles have tinted windows.
- Wear light-colored cotton clothing to help reflect bright sun-light; a broad-brimmed hat to help shade your head and neck; a wet bandana around your neck to help keep you cool; and the appropriate sunscreen or sun-block to help you cope with the hot sun and avoid the discomfort of a painful sunburn.

Safety Comments/Suggestions for this Project: \_\_\_\_\_

| Print Name & Clock # |       | Print Name & Clock # |       | Print Name & Clock # |       |
|----------------------|-------|----------------------|-------|----------------------|-------|
| 1                    | _____ | 7                    | _____ | 13                   | _____ |
| 2                    | _____ | 8                    | _____ | 14                   | _____ |
| 3                    | _____ | 9                    | _____ | 15                   | _____ |
| 4                    | _____ | 10                   | _____ | 16                   | _____ |
| 5                    | _____ | 11                   | _____ | 17                   | _____ |
| 6                    | _____ | 12                   | _____ | 18                   | _____ |

Foreman's Name & Clock #: \_\_\_\_\_

**W = Correct Within One Week**

## PRE TASK PLAN

Project Name: \_\_\_\_\_

Job Number: \_\_\_\_\_

Sheet Metal    Piping    Plumbing    Service

GF/Foreman: \_\_\_\_\_

Pre-Task Plan Prepared By: \_\_\_\_\_

Date: \_\_\_\_\_

Project Safety Contact: \_\_\_\_\_

Safety Contact Phone Number: \_\_\_\_\_

| 1. Required PPE   | Hazards   | Safe Plan of Action (SPA)  |
|---|---|--|
| Hard hat<br>Face shield<br>Goggles<br>Gloves: Leather    Kevlar / Cut resistant<br>Solvent    Acid<br>Arm sleeves    Fire resistant<br>Boots    Steel - toe    Toe covers<br>Ear Plugs / Ear muffs<br>Safety Vest<br>Chemical Resistant suit / apron / tyvek suit<br>Respirator<br>Fire Resistant           | <b>Material Handling</b><br><br><b>Slips, Trips, Falls</b><br><br><b>Hand &amp; Power Tools</b><br><br><b>Chemical Hazards</b><br><br><b>Non-Electrical Hot Work</b><br><br><b>Crane or other Lifting Equipment</b><br><br><b>Barricades</b>  | Inspected movement path    Identified moving equipment    Wheels Chocked<br>Floor Plating (pinch / back)    Hand protection required<br>Awkward size/shape/CG    Hand / body positions to avoid injury<br>Laydown area established    Spotter    Debris Removal plan |
|   |   | Inspect for trip / slip hazards    Area clean / clear of debris    Hazards marked<br>Tools & material properly stored    Electrical / emergency equipment clear  |
|   |   | Reviewed safety requirements    Guarding OK    Inspected condition<br>GFCI in use    Identified PPE required    Inspected electrical cord<br>Routed cord overhead or taped / barricaded  |
|   |   | Area inspected for potential chemical hazard    MSDS Sheet available<br>Identify PPE for highest recognized hazard (see left side)<br>Reviewed Decon / Disposal or storage procedures<br>Reviewed contingency plan and equipment is on hand                          |
|   |   | Fire Extinguishers    Fire watch    Install weld / spark screens<br>Combustible material removed / protected    Adequate ventilation   |
| 2. Fall Protection<br>Ladder inspection completed<br>Retractable Device Required<br>Inspected Fall Protection Equipment<br>Shock Absorbing Lanyard Required<br>Horizontal Lifeline System Required<br>Anchorage Point Identified<br>Fall Clearance Distance Adequate<br>Fall Rescue / Retrieval Plan Set Up |   | Lifting / Rigging equipment inspected    Tag lines in use    Areas barricaded<br>Overhead utility clearance verified    Signalman assigned   |
| 3. Task Specific Work Plans<br>Lifting Plan (required for greater than 50 lbs.)<br>Floor / Wall penetrations<br>Lock Out / Tag Out Procedures   | <b>Weather</b><br>Review plans for weather including heat / wind / moisture    Liquids available<br>Cool down periods    Sun Screen    Heat Stress symptoms   |  |
| 4. Required Work Permits<br>Hot Work (Non-Electrical)<br>Confined Space<br>Excavation<br>Energized Electrical Work (EEW)<br>Critical Lift (Crane)<br>Scaffolds  | <b>Crew Congestion or Impact to occupants</b><br>Public Protection, Explain: _____<br>Inspected areas for potential impacts to other crews / customers<br>Coordinated with adjacent work supervisor / customer    Traffic barricades  |  |
|   | <b>Safety Huddle Topics:</b><br><input type="checkbox"/> <b>Monday:</b> _____<br><input type="checkbox"/> <b>Tuesday:</b> _____<br><input type="checkbox"/> <b>Wednesday:</b> _____<br><input type="checkbox"/> <b>Thursday:</b> _____<br><input type="checkbox"/> <b>Friday:</b> _____ |  |
| Construction Activity (In Sequence)   | Hazards Identified  | Corrective Actions Taken   |
|   |   |  |
|   |   |  |
|   |   |  |
|   |   |  |
|   |   |  |
|   |   |  |
| <b>Crew Sign-in (PLEASE PRINT NAME &amp; Clock Number):</b>   |   |  |
| 1. _____  | 6. _____  | 11. _____  |
| 2. _____  | 7. _____  | 12. _____  |
| 3. _____  | 8. _____  | 13. _____  |
| 4. _____  | 9. _____  | 14. _____  |
| 5. _____  | 10. _____   | 15. _____  |
| <b>Daily Initials:</b>  |   |  |
| Monday  | _____   |  |
| Tuesday   | _____   |  |
| Wednesday   | _____   |  |
| Thursday  | _____   |  |
| Friday  | _____   |  |

*IF WORK CONDITIONS CHANGE, PRE-TASK PLAN NEEDS TO BE UPDATED ASAP*